



# Small Group Notes

**Conversation Starter:** Find a question to get the conversation started for your group

- If you had one extra hour each day, what would you do more of?
- Which word best describes your last few weeks? Stressful, distracted, fun, relaxing, busy, full. Why?

**Read:** Luke 10:38-40

**Question:** Do you identify with Mary or Martha? Explain why.

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**Question:** Why do you think we are tempted to allow urgent things to rule our lives?

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**Share with the group:** Choose questions that create openness

**Question:** Name three urgent things you need to do and three important things you need to do. Which are getting more of your time?

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**Question:** What's the most important thing you've been too distracted to pursue? What do you need to stop doing to pursue it?

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**Take Action:** How will you live this out this week?

**Question:** Based on this week's sermon and discussion, what changes are you going to make in the coming days, weeks, and years?

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