

# ONE CONVERSATION™

Use these discussion starters to help foster a spiritual conversation with your family.

**CONNECTION POINT:** Sing songs of thanksgiving to God for answered prayer.

**THE BIBLE MEETS LIFE:** Our belief in the power of praying to God and our trust in Him is reflected in our thanks. As God responds to our needs, we certainly thank Him; but even before we see the answer, we can thank Him because we know the loving character of the One to whom we pray. We can pray with an attitude of thankfulness, knowing God will answer in the best way.

**BIBLE  
STUDIES  
FOR LIFE**

**PSALM 138:1-8**

*A Prayer of Thanksgiving*

## STUDENTS

**THE POINT:** Express gratitude and trust in the One who hears our prayers.

- How has God displayed love and truth in your life recently?
- Why do we often fail to give God thanks for what He has done?
- How does physical or emotional fatigue affect us spiritually?
- When has God's faithfulness to you given you courage?
- What challenges are you currently experiencing that are causing worry or fear?
- What's the relationship between thankfulness and trust?

**LIVE IT OUT:** Your student has been encouraged to take practical steps to take his or her faith and Live It Out in the Personal Study Guide.

*Here are some ways you can encourage your students to live out their faith with Christ personally, in community, and in their culture:*

- **CHRIST:** Our salvation is a gift worthy of our thanks and praise. Be sure to thank God for that gift every day.
- **COMMUNITY:** Ask your student to name specific people that have helped him or her through their encouragement and support. Help your student to write a note to each of these people expressing thanks.
- **CULTURE:** Where do you go for strength when you are tired? Compare your answers with those of your family. Take steps to ensure that you are seeking a deeper dependence on God each time you look for strength.